	300 MHz and 400 MHz NMR Training		Refresher Course
Introd	<u>uction</u>		
the sai	rchers and students will be trained on the 300 MHz spectrome me time in automation mode only. You may then apply for adeed it. The software on our spectrometers is the latest vertically and the operation of all of them.	ditional a	access to the NMR systems if
our inv	new requirements around reporting to the NRF and our funding restment, all researchers will undergo an initial one-day training short test (practical). If you successfully complete the test ometers via the online booking system.	g, followe	ed by supervised practice and
The tra	aining is valid for 6 months or may be renewed through a refresl	her cour	se.
Proces	<u>ss</u>		
1)	Book a training slot by submitting this form directly to the Depchemistry@ru.ac.za, Subject title NMR TRAINING REQUEST Most of the training will be handled by Dr Siwe Noundou, Dr Loon their availability, and we try to meet your request within two	T . bb, Prof	, , ,
	My REQUESTED training date is		
2)	Honour your training date. We are all doing the training on a v	oluntary	basis as the needs arise.
3)	Create a login for yourself in the NMR booking system (PLE system can be located by following links f http://perkin.cps.ru.ac.za/booked/Web/index.php ,		L IN ALL THE FIELDS). The www.chem.ru.ac.za or at
4)	After the initial training you may book some "work under super users – the list is available in the NMR room and will be provid		
5)	Book a short test (practical) with Dr Pierre Kempgens or the tra	ainer har	ndling your course.
6)	Once you complete the practical, you may use the instrument	by booki	ng online.
7)	Save your data (CD or DVD) (Note we backup some data be data).	ut users	are responsible for their own
Name	& SurnameStudent N	No	
Depart	ment/University		
E-mail	and Phone number:		
Date _	Signature		_

Procedure document for Training on NMR

For Of	FFICE USE:								
NMR USER NAME:									
NMR USER CODE:									
SUPERVISOR									
	Written Test		Practical T	Гest		User E-mail sent			
☐ Training complete (certificate issued)									
Scheduled Date for the Training									