

# HOW TO SEW UNGAZITHUNGELA A FACE MASK NJANI IMASKI



## 1. CUT FABRIC SIKALAPHU

Cut out the pattern and cut 2 pieces tightly-woven cotton fabric. Cut 1 piece lining/t-shirt fabric.

SIZES: SMALL (22CM X 14CM) MEDIUM (23CM X 15CM) LARGE (24CM X 16CM)

Sikalaphu njengokuba kubonisiwe kwiphepha lokuqala, kwaye usike iziqwenga ezibini zekhotini ecwezwe ngokuqinileyo. Sika isiqwenga esinye esisuka kwisikipa.

UBUNGAKANANI BEMASKI: ENKULU (24CM X 16CM) ENKUDLWANA (23CM X 15CM) ENCINCI (22CM X 14CM)



## 2. PLACE FABRIC BEKALAPHU

Place lining/t-shirt fabric face down. Layer first cotton piece right-side up. Then layer second cotton piece right-side down.

Bekalaphu olisikileyo lesikipa sijongise phantsi ngokubonisiweyo kumfanekiso. Kwezaziqwenge zibini zekhotini ubuzisikile, beka esiye ngecala eliyiye, ubeke elinye ngecala eligqwethekileyo.

## 3. PLACE ELASTIC/TIES SIKALIMITYA ENWEBEKAYO

Cut 2 pieces of elastic 18-20cm depending on mask size. Pin the elastic inside the mask between the 2 cotton layers (see pic below) 2cm from top & bottom edges. Alternatively, use 4 fabric ties (45cm each).

Sikalimitya emibini enwebekayo engange 18-20cm, kuxhomekeke ngobukhulu bemaski oyenzayo. Bekalimitya orekayo phakathi kwamalaphu ekhotini ngokuba kubonisiwe emfanekisiweni (jonga ngezantsi) uwubeke lometrya ukusuka kwi 2cm ngaphezulu ne2cm kongezantsi weekona zamalaphu. Kungenjalo, ungasebenzisa nemitya yelaphu emine (usike 45cm nganye)



## 4. SEW FACE MASK THUNGA IMASKI YOBUSO

Sew all the way around, leaving a 6cm gap on one short side. Clip corners. Turn mask inside out, through opening. It helps to iron each stage.

Thunga uyokuma ekugqibeleni, ushiye umda ongame-6cm kwicala elinye elifutshane. Songa uthunge iikona. Jika imaski yakho ngaphakathi, nangaphandle. Kuzokufuneka uyi-Ayine kulo lonke inqanaba.



## 5. MAKE FOLDS YENZA IMIDA EMIBINI

Make two pleats in mask and pin in place.

Yenza imida emibini kwimaski uyidibanise ngendawo.



## 6. TOPSTITCH INDAWO EPHEZULU

Topstitch all the way around, stitching down short side to keep the pleats in place.

Bamba ngaphezulu kuyo yonke indawo, uthunge umzansi kwicala elifutshane ukuze ugcine ipliti endaweni yazo.

## 7. #MASKSFORALL

Make as many masks as possible to share with those who don't have access to them and save the fancy N95 masks for the front-line.

Yenza iimaski ezininzi kangangoko ukwazi ukuze wabelane nabo bangenazo, sizokwazi ukugcina iimaski ezifana nezi ze N95 zilungiselelwe abo basebenza ngaphambili.



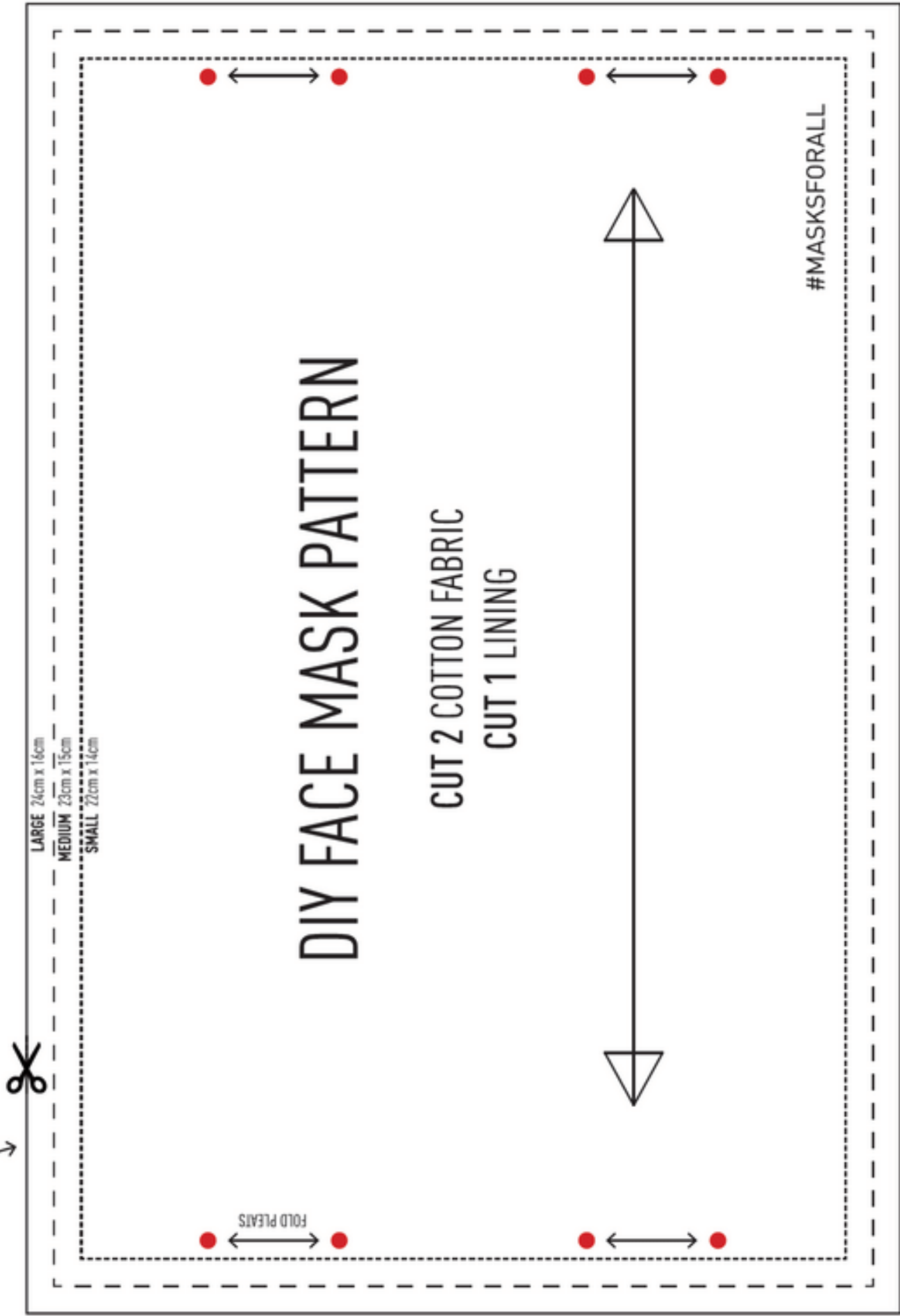
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cut around  
here and sew



by Margjie Barry / Nick & Barry 2020



**RUCE: Rhodes University Community Engagement**

For more on how to use and care for your face mask...

Ngeenkukhaca ezithe velshe malunga nendlela yokukhathelela nokusebenzisa imaski yobuso...

**FOR MORE ON COVID-19:**

[www.sacoronavirus.co.za](http://www.sacoronavirus.co.za) OR WhatsApp 0600 123 456 (Type Hi)

EMERGENCY HOTLINE: 0800 02 9999



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