

NOTE: The following listed prices are per person (pp) per item.

FUNCTIONS KITCHEN

SAMPLE MENUS

2008

INTERNAL

Prices quoted Monday to Friday during business hours.

After 16:30 a surcharge is levied.

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NOTE: When placing catering orders, please submit the account number to which the catering order should be charged.

Teas and Eats

▶ Tea, Coffee, Rooibos (1 cup +)	R3.80
▶ Filter Coffee or Nescafe (1 cup +)	R4.10
▶ Fruit Juice (1 glass)	R3.00
▶ Bottled Juice (250ml)	R4.20
▶ Scones: Cheese or Jam & Cream (1 scone = 2 halves)	R3.85
▶ Muffins (one)	R4.20
▶ Sandwiches (1 round = 2 slices)	R4.95
▶ Biscuits (2 each)	R2.00
▶ Cake (1 slice = 1 portion)	R4.20
▶ Donuts	R3.80
➤ Mini Donuts	R2.50
➤ Mini Muffins	R2.50

Cocktail Snacks Hot Selection

1. Selection of Continental Sausages served with Mustard Dip (Cheese griller, Chipolata Pork/Beef & Russian) x 2	R3.00
2. Sausage Roll x 2	R3.00
3. Samosas x 2	R3.00
4. Mini Pizza's x 2	R3.00
5. Spring Roll x 2	R3.00
6. Cheese Puff x 2	R3.00
7. Mini Kebabs on toothpicks (Chicken/Beef) x 2	R4.00
8. Chicken Drumstick x 1	R4.00
9. Swiss Meat Balls x 2	R2.10
10. Stuffed Baby Jacket Potato x 1	R2.20
11. Phylo Nest & Fillings x 1	R4.00
12. Mini Quiche x 2	R5.50
13. Mini vetkoek	R2.20
14. Quiche (large)	R48.00 each
 15. Sweet corn fritters x 2	 R3.00

Cocktails Snacks Cold Selection

1. Assorted Cold Cuts x 4 slices: e.g. Salt Beef; Country Ham; Salami Cornets & Chicken Loaf	R7.50
2. Seafood x 7 bites	R9.00
3. Cheese Board x 50g e.g. Cheddar & Mozzarella Blocks; Camembert, Brie, Blue; Savory Biscuits; Pâté	R9.00
4. Seasonal Fruit Basket (1 fruit per person)	R3.00
5. Open Cocktail Sandwich (Canapés)	R3.20
6. Crudités & Dips	R4.50
7. Stuffed Eggs	R2.10
8. Tacos & Dip	R2.20
9. Chips & Dip	R3.00
10. Peanuts & Raisins	R3.00
11. Biltong / Droë Wors / Pretzels	R6.00
12. Pate crackers	R5.50
13. Sandwich platter	R10.00

Cocktail Snacks Options

Choose one from the following menu options:

1. R16.50 per person excluding overtime:

- | | |
|-------------------------------|--------------------------|
| a) Cocktail Sausages | b) Chicken Drumsticks |
| Samoosas | Samoosas |
| Cheese Puffs | Cheese Puffs |
| Stuffed Eggs | Stuffed Eggs |
| Open Cocktail Sandwiches | Open Cocktail Sandwiches |
| Juice | Juice |
|
c) Sandwiches (triangles) |
d) Stuffed Eggs |
| Stuffed Eggs | Cheese & Biscuits |
| Stuffed Baby Jacket Potatoes | Crudités & Dip |
| Crudités & Dip | Chips & Dip |
| Chips & Dip | Juice |
| Juice | |

2. R22.00 per person excluding overtime:

- | | |
|--------------------------------------|------------------------|
| a) Mini Vetkoek with savory fillings | b) Chicken Wings |
| Cheesy Chicken Bites | Mini Pizza's |
| Cheese Puffs | Samoosas |
| Mushroom Vol-au-vents | Stuffed Eggs |
| Liver or Mushroom Pâté & Crackers | Sandwiches (triangles) |
| Cheese & Biscuits | Cheese & Biscuits |
| | Crudités & Dip |

3. R27.50 per person excluding overtime:

- | | |
|----------------------------|-----------------------|
| a) Meatballs & Dip | b) Chicken Drumsticks |
| Chicken Cheesy Bites & Dip | Samoosas |
| Spring Rolls | Mini Pizzas |
| Stuffed Eggs | Cold Meat Platter |
| Cold Meat Platter | Droë Wors & Biltong |
| Cheese & Biscuits | Chips & Dip |
| Crudités & Dip | Peanuts & Raisins |

4. R33.00 per person excluding overtime:

- | | |
|--------------------------|--------------------------------|
| a) Stuffed Chicken Wings | b) Chicken Drumsticks |
| Halaal ½ Moon Pastries | Continental Sausages |
| Pizza Wheels | Samoosas |
| Cold Meat Platter | Cheese Puffs |
| Cheese & Biscuits | Cheese & Biscuits |
| Crudités & Dip | Crudités & Dip |
| Chips & Dip | Chips & Dip |
| Peanuts & Raisins | Droë Wors & Biltong & Pretzels |
| Droë Wors & Biltong | |

5. R38.50 per person excluding overtime:

- Seafood & Cold Meat Platter
- Cheese & Biscuits
- Crudités & Dip
- Open Cocktail Sandwiches
- Cheese grillers & Dip
- Chicken Wings & Dip
- Cheesy Chicken Bites
- Chips & Dip

“Pub” Fork-Style Meal @ R30.00 per person

Choose one of the following:

1. Pie (various), Creamed Potato, Gravy, Salad, Rolls & Juice
2. Cottage Pie, Gravy, Salad, Rolls & Juice
3. Boerewors, Creamed Potatoes, Gravy, Salad, Rolls & Juice
4. Southern Fried Chicken (Cold), Potato Salad, Carrot & Pineapple Salad, French Salad, French Sticks or Roll & Juice
5. Pizzas (various), Potato Salad, Carrot & Pineapple Salad, French Salad, Rolls & Juice
6. Beef Stew with Samp & Beans, Vegetables in Season or French Salad, Rolls & Juice
7. Chicken kieve, pastely potatoes, vegetables & salads
8. Chicken schnitzel, parsley potatoes, vegetables & salad
9. Pickled fish, assorted salads & vegetables
10. Savory mince, rice, vegetables & salad

All the above includes Tea/Coffee, Juice, bread rolls & butter

“Pub” Fork-Style Meal @ R40.00 per person

Choose one of the following:

1. Pita Bread filled with (Lamb, Beef or Chicken Stir fry), Salad & Juice
2. Malaysian Curry (Lamb, Beef or Chicken), Rice, Salad, Rolls & Juice
3. Lasagne (Beef or Chicken), Salad, Rolls & Juice
4. Mongolian Stir Fry (Lamb, Beef or Chicken), Noodles or Rice, Sambles, Garlic Foccacia or Roll & Juice
5. Tuna Noodle Salad served with Rolls, Potato Salad, French Salad, Carrot & Pineapple Salad & Juice
6. Chicken Kebabs x 2, Savory Rice, Salad, Rolls & Juice
7. Chicken ala king, yellow rice, vegetables & salad
8. Beef stroganoff, rice, vegetables & salad

All the above will be served with bread rolls, butter, tea/coffee and juice

**Vegetarian
“Pub” Fork-Style Meal
@ R22.00 per person**

Choose one of the following:

1. Pie (Cheese Puff, Spinach & Feta or Vegetable Curry), Creamed Potato, Salad, Rolls & Juice
2. Vegetable Cottage Pie, Gravy, Salad, Rolls & Juice
3. Pizzas (various), Potato Salad, Carrot & Pineapple Salad, French Salad, Rolls & Juice
4. Vegetarian Kebabs x 2, Savory Rice, Salad, Rolls & Juice

**Vegetarian
“Pub” Fork-Style Meal
@ R30.00 per person**

Choose one of the following:

1. Pita Bread filled with Mushroom & Stir fry vegetables, Salad & Juice
2. Malaysian Vegetable Curry, Rice, Salad, Rolls & Juice
3. Vegetable Lasagne, Salad, Rolls & Juice
4. Mongolian Stir Fry, Noodles or Rice, Sambles, Garlic Foccacia or Rolls & Juice
5. Vegetable Quiche, Potato Salad, Greek Salad, Carrot & Pineapple Salad, Rolls & Juice
6. Vegetable schnitzel, parsley potatoes, vegetables & salad
7. Lentil & potato, mushroom bake, vegetables and salad
8. Butternut stuffed with spinach and feta cheese, vegetables & salad

**Buffet Lunch / Dinner
@ R60.00 per person**

(Service of food from a counter/table where guests help themselves)

Choose one from the following menu options:

1. Grilled Fish
Roast Lamb with Mint Sauce & Gravy
Savoury Rice
Roast Potatoes
Grilled Vegetables
Rolls & Butter
Chocolate Mousse
2. Soup of your choice
Grilled Line Fish fillet with Mushroom & Shrimp Sauce
Savoury Rice
Parsley Potatoes
Grilled Vegetables
Rolls & Butter
Fresh Fruit Salad & Ice-Cream
3. Plated Feta & Olive Salad
Stuffed Chicken Breast
Savoury Rice
Roast Potatoes
Fried Onions
Cheese Sauce
Oven Roasted Vegetables
Rolls & Butter
Cheese Cake & Fruit Salad

4. Roast Beef & Gravy
Roast Chicken
Savoury Rice
Roast Potatoes
Grilled Vegetables
Rolls & Butter
Ice-Cream & Chocolate Sauce
Hot Dessert of your choice

5. Malay Chicken Curry
Beef Stroganoff
Savoury Rice
Grilled Vegetables
Tossed Salad
Rolls & Butter
Chocolate Mousse & Ice-Cream

Vegetarian options are available. Please speak to the Functions Manager.

Braai / Barbecue

Select your own menu from the following choices:

► MEAT:

Lamb Chop or Rump Steak	R10.00 pp
Chicken	R8.60
Boerewors	R5.50
Chicken or Beef Sosa ties	R8.60

► VEGETARIAN:

Vegetarian Kebab (120gr)	R4.00
Vegetarian Sausage	R3.60
Vegetarian Burger	R3.00
Vegetarian Schnitzel	R4.00

► SALAD SELECTION:

(Is charged depending on amount of guests i.e. More guests = Less costs)

Potato Salad	R4.00
Three x Bean Salad	R4.00
Carrot & Pineapple Salad	R4.00
Beetroot Salad	R4.00
Green Salad	R4.00
Mixed Salad	R4.00
Cole Slaw	R4.00

► BREADS:

Garlic rolls (Buttered)	R1.60
Garlic Bread - per portion	R3.00
Rolls & Butter	R1.60

► DESSERT:

If required <u>one</u> may be chosen from the choices on p 14.	R5.50
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Braai / Barbecue Options

Or alternatively choose one option from the following menus:

1. Chicken Kebab
Lamb Chop
Boerewors
Potato Salad, Greek Salad, Carrot & Pineapple Salad
Rolls & Butter
Juice
Braaier, Charcoal & Wood
Cutlery, Crockery & Serviettes
@ R38.50 pp
2. Chicken Kebab
Boerewors
Potato Salad, Greek Salad, Carrot & Pineapple Salad
Rolls & Butter
Juice
Braaier, Charcoal & Wood
Cutlery, Crockery & Serviettes
@ R27.50 pp
3. Lamb Chop
Boerewors
Potato Salad, Greek Salad, Carrot & Pineapple Salad
Rolls & Butter
Juice
Braaier, Charcoal & Wood
Cutlery, Crockery & Serviettes
@ R27.50 pp

Overtime charges are included in the above prices

Packed Meals @ R25.00 per person

Option 1

- 1 x hot dog**
- 1 x liquifruit juice**
- 1 x fruit**
- 1 x packed of simba chips**
- 4 x biscuits**
- 1 x chocolate**

Option 2

- 1 x chicken leg quarter**
- 1 x bread roll & butter**
- 1 x liquifruit juice**
- 1 x fruit**
- 1 x packet of simba chips**
- 1 x chocolate bar**

Option 3

- 1 x Hamburger**
- 1 x liquifruit**
- 1 x fruit**
- 1 x chocolate bar**
- 1 x packet of simba chips**

Option 4

1 x Salad roll
1 x liquifruit
1 x fruit
1 x packet of simba chips
1 x chocolate bar
4 x biscuits

Packed meals @ R30.00 per person

Option 1

1 x muffin
1 x yoghurt
1 x chocolate bar
1 x jumbo cheese rolls
1 x fruit
1 x liquifruit
4 x biscuits

Option 2

1 x Muffin
1 x yoghurt
1 x chocolate bar
1 x Pie
1 x fruit
1 x liquifruit
4 x biscuits

Option 3

1 x Jumbo cheese roll
1 x cheese wedge
1 x chocolate bar
1 x yoghurt
1 x fruit
1 x fruit juice
4 x biscuits (savoury)

Sit Down Lunch / Dinner

@ 80.00 per person

(Includes Starter, Main Course, Dessert, Cheese Board & Coffee)

ENTRÉES / STARTERS: Choose one from the following:

- ▶ Pear Avocado & Nuts
- ▶ Smoked Chicken & Mandarin
- ▶ Greek Salad & Dressing
- ▶ Seafood Terrine
- ▶ Asparagus with Feta & Greens
- ▶ Salami Cornets with Cream Cheese & Mussels
- ▶ Salmon or Chicken or Vegetable Pâté & Melba Toast
- ▶ Salmon Salad with Health Bread
- ▶ Soup - Options in consultation with Functions Manager
- ▶ Fried Fish & Tartar Sauce on a bed of lettuce
- ▶ Mushroom stuffed with feta & spinach
- ▶ Crumbed camembert on a bed of lettuce with Cranberry Jelly
- ▶ Butternut Salad (Mature Cheddar, Smoked Ham Conandar Roasted Butternut & lettuce)

MAIN MEAT/FISH COURSES: Choose one from the following:

- ▶ Grilled Kingklip or Sole
- ▶ Fillet Chasseur
- ▶ Chicken Breast stuffed with Spinach & Feta
- ▶ Karoo Lamb Leg
- ▶ Grilled Rump Steak served with Mushroom Sauce
- ▶ Ostrich Fillet & Red Wine Sauce
- ▶ Roast Stuffed Chicken
- ▶ Gammon Crown Roast
- ▶ Lamb or Chicken in Phyllo Pastry
- ▶ Roast Beef Sirloin Demi Glace
- ▶ Oxtail Casserole

All meals are served with Rice or Potato with Vegetables in Season

DESSERT: If required one choice may be chosen from the choices on p 14.

CHEESE BOARD AND COFFEE

Dessert Choices

@ R6.00 per person

Choose one of the following:

1. Apple Crumble & Cream or Ice Cream
2. Fruit Salad & Cream or Ice Cream
3. Ice Cream & Chocolate Sauce
4. Baked Pudding with Cream or Custard
5. Chocolate Mousse & Ice-Cream
6. Peppermint Fridge Tart & Ice-Cream
7. Brandy Snaps filled with Ice-Cream
8. Cheese Cake (Choice of flavours)

DRINKS

Wine, beers and minerals are available and charged either on consumption
Or according to a pre-determined ceiling amount.

PLEASE NOTE:

We are unable to provide glass jugs, glasses and a water service in any of the seminar rooms for conferences and seminars. These are obtainable from Mrs. Waldette Lombard at (046) 603 8606 or Mr. Adrian Winter at (046) 6038121

QUERIES & ORDERS

Any queries or further menu options/combinations may be discussed with the Functions Manager, Mrs. Charmaine Avery, on the following telephone numbers: Office Hours (046) 603 8558, Cell No 082 801 2391 speed dial 5132, or email at c.avery@ru.ac.za or alternatively the Functions Assistant on (046) 603 8129 or email at catering@ru.ac.za

Orders should be placed via email to catering@ru.ac.za at least 48 hours prior to an event.

Updates in numbers, time etc. to an order or cancellations should be sent electronically to the above email address at least 24 hours prior to an event.

Functions Kitchen Staff

Thank you for your continued support.