

Over the Counter (OTC)

# TABLE OF BENEFITS

# **Rhodes University Medical Scheme**

\* This pamphlet is for information purposes only and does not supersede the Rules of the Scheme.

Note: All benefits are paid up to the Rhodes University Medical Scheme Tariff (RUMed Tariff) based on the National Health Reference Price List (NHRPL), at the percentage and up to the limit specified by the Rules of the Scheme.

Price List (NHRPL), at the percentage and up to the limit : HOSPITALISATION (PRIVATE AND PUBLIC)	
Benefit	100% of RUMed Tariff
- Accommodation in a general ward, HCW and ICU	
- Theatre fees - Medication and equipment	
Annual Limit	No Limit
Pre-authorisation required	Yes, within 24 hours in the case of an emergency, failing which, a
Ambulance	penalty of R500 per admission will be levied
Ambulance IN-HOSPITAL BENEFITS	No limit if authorised through ER24
Step-down Facilities	100% of RUMed Tariff
Annual limit (in lieu of hospitalisation)	R8 000 per beneficiary
Pre-authorisation required	Yes
Internal Surgical Implants	100% of RUMed Tariff
Annual limit	R40 000 per beneficiary
Pre-authorisation required  • External Prosthesis	Yes, failing which, a co-payment of R500 will apply  100% of RUMed Tariff
Annual limit	R6 000 per beneficiary
Pre-authorisation required	Yes, failing which, a 20% co-payment will apply
Organ Transplant	100% of RUMed Tariff
Annual limit	R100 000 per family
Pre-authorisation required	Yes
In-hospital Auxiliary Services     Appual limit	100% of RUMed Tariff
Annual limit Pre-authorisation required	R3 600 per family Separate pre-authorisation required
Psychiatric Hospitalisation	100% of RUMed Tariff
Annual limit	R10 000 per family
	(Includes psychiatric visits in hospital)
Pre-authorisation required	Yes
AUXILIARY SERVICES	900/ of DUMod Tariff
Benefit     (Includes audiologist, homeopath, chiropractor, dietician,	80% of RUMed Tariff R3 600 per beneficiary, with a maximum of R6 400 per family.
acupuncturist, clinical- and counselling psychologist).	The psychology benefit can be utilised up to the family limit of R6 400
Refer to the full list of providers on www.rumed.co.za - subject to	
protocols. Annual limit	
DENTISTRY	
Conservative Dentistry	The first R1 000 paid at 100% thereafter at 80% unlimited
Annual limit	
Specialised Dentistry	R5 800 per beneficiary at 80% of RUMed Tariff. The specialised
Annual limit	dentistry benefit can be utilised up to the family limit of R11 000 at 70% of RUMed Tariffs.
	at 10% of Nomea family.
In-hospital Dental Procedures	100% of RUMed Tariff
Annual limit	R12 000 per beneficiary
	(includes doctors cost and hospitalisation)
Pre-authorisation required  GP'S AND SPECIALISTS	Yes
In-hospital Consultations	100% of RUMed Tariff
Out-of-Hospital Consultations	The first R2 000 per beneficiary paid at 100% thereafter at 80% to a ma
Annual limit	of R3 800 per beneficiary with a maximum limit of R9 500 per family.
PREVENTATIVE CARE/HEALTH MAINTENANCE	
Benefit	100% of RUMed Tariff
(An additional benefit to your normal day-to-day benefits paid	
at 100% of RUMed Tariff)	Women aged 40 and older, every two years
	Women aged 40 and older, every two years  Men aged 40-49 once every five years, 50-59 once every 3 years,
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test - Cholesterol blood test	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year  Men and women
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test - Cholesterol blood test - Blood sugar test	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year  Men and women  Men and women
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test - Cholesterol blood test - Blood sugar test - HIV test	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years,
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year  Men and women  Men and women  Men and women  Women aged 15 years and older once every year
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year  R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test  - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year  R1 100 per beneficiary with a maximum of R3 000 per family. An
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit  KIDNEY DIALYSIS	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year  R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test  - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year  R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test  - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit  KIDNEY DIALYSIS • Benefit	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year  R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to the family limit of R3 000.
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test  - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit  KIDNEY DIALYSIS  • Benefit Annual limit	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year  R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to the family limit of R3 000.
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test  - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit  KIDNEY DIALYSIS  • Benefit  Annual limit  Pre-authorisation required  MEDICAL APPLIANCES • Benefit	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to the family limit of R3 000.
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test  - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit  KIDNEY DIALYSIS  • Benefit Annual limit Pre-authorisation required  MEDICAL APPLIANCES • Benefit (Includes wheelchairs, hearing aids, nebulisers & glucometers)	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to the family limit of R3 000.  R100 000 per family Yes  80% of RUMed Tariff
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test  - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit  KIDNEY DIALYSIS  • Benefit  Annual limit  Pre-authorisation required  MEDICAL APPLIANCES • Benefit	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year  R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to the family limit of R3 000.
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test  - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit  KIDNEY DIALYSIS  • Benefit Annual limit Pre-authorisation required  MEDICAL APPLIANCES • Benefit (Includes wheelchairs, hearing aids, nebulisers & glucometers) Annual limit  Pre-authorisation required	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year  Men and women  Men and women  Men and women  Women aged 15 years and older once every year  Men and women aged 40-49 once every two years, older than 50 once every year  R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to the family limit of R3 000.  R100 000 per family  Yes  80% of RUMed Tariff  Combined limit of R4 400 per family plus an additional R18 000 for
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test  - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit  KIDNEY DIALYSIS  • Benefit Annual limit Pre-authorisation required  MEDICAL APPLIANCES • Benefit (Includes wheelchairs, hearing aids, nebulisers & glucometers) Annual limit  Pre-authorisation required  MEDICATION	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to the family limit of R3 000.  R100 000 per family Yes  80% of RUMed Tariff  Combined limit of R4 400 per family plus an additional R18 000 for hearing aids paid at 90% of RUMed Tariff per ear per 4 year period.
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test  - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit  KIDNEY DIALYSIS  • Benefit Annual limit Pre-authorisation required  MEDICAL APPLIANCES • Benefit (Includes wheelchairs, hearing aids, nebulisers & glucometers) Annual limit  Pre-authorisation required  MEDICATION  Subject to reference price list and exclusions	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to the family limit of R3 000.  R100 000 per family Yes  80% of RUMed Tariff Combined limit of R4 400 per family plus an additional R18 000 for hearing aids paid at 90% of RUMed Tariff per ear per 4 year period. Yes
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test  - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit  KIDNEY DIALYSIS  • Benefit Annual limit Pre-authorisation required  MEDICAL APPLIANCES • Benefit (Includes wheelchairs, hearing aids, nebulisers & glucometers) Annual limit  Pre-authorisation required  MEDICATION  Subject to reference price list and exclusions • Acute	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to the family limit of R3 000.  R100 000 per family Yes  80% of RUMed Tariff Combined limit of R4 400 per family plus an additional R18 000 for hearing aids paid at 90% of RUMed Tariff per ear per 4 year period. Yes  The first R1 400 per beneficiary paid at 100% thereafter at 80% to a
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test  - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit  KIDNEY DIALYSIS  • Benefit Annual limit Pre-authorisation required  MEDICAL APPLIANCES • Benefit (Includes wheelchairs, hearing aids, nebulisers & glucometers) Annual limit  Pre-authorisation required  MEDICATION  Subject to reference price list and exclusions • Acute Annual limit	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to the family limit of R3 000.  R100 000 per family Yes  80% of RUMed Tariff Combined limit of R4 400 per family plus an additional R18 000 for hearing aids paid at 90% of RUMed Tariff per ear per 4 year period. Yes
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test  - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit  KIDNEY DIALYSIS  • Benefit Annual limit Pre-authorisation required  MEDICAL APPLIANCES • Benefit (Includes wheelchairs, hearing aids, nebulisers & glucometers) Annual limit  Pre-authorisation required  MEDICATION  Subject to reference price list and exclusions • Acute	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to the family limit of R3 000.  R100 000 per family Yes  80% of RUMed Tariff Combined limit of R4 400 per family plus an additional R18 000 for hearing aids paid at 90% of RUMed Tariff per ear per 4 year period. Yes  The first R1 400 per beneficiary paid at 100% thereafter at 80% to a
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit  KIDNEY DIALYSIS  Benefit Annual limit Pre-authorisation required  MEDICAL APPLIANCES  Benefit (Includes wheelchairs, hearing aids, nebulisers & glucometers) Annual limit  Pre-authorisation required  MEDICATION  Subject to reference price list and exclusions  Acute Annual limit Chronic - 26 CDL (Chronic Disease List) Conditions (in accordance with the PMB regulations)	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to the family limit of R3 000.  R100 000 per family Yes  80% of RUMed Tariff Combined limit of R4 400 per family plus an additional R18 000 for hearing aids paid at 90% of RUMed Tariff per ear per 4 year period. Yes  The first R1 400 per beneficiary paid at 100% thereafter at 80% to a max of R 3 600 per beneficiary with a maximum of R10 000 per family  100% of RUMed Tariff, no limit
at 100% of RUMed Tariff) - Mammogram - Prostrate specific antigen test  - Cholesterol blood test - Blood sugar test - HIV test - Pap smear (includes consultation) - Glaucoma test  Immunisations - Annual limit  KIDNEY DIALYSIS  • Benefit Annual limit Pre-authorisation required  MEDICAL APPLIANCES • Benefit (Includes wheelchairs, hearing aids, nebulisers & glucometers) Annual limit  Pre-authorisation required  MEDICATION  Subject to reference price list and exclusions • Acute Annual limit • Chronic - 26 CDL (Chronic Disease List) Conditions (in accordance with the PMB regulations) - Extended chronic list	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to the family limit of R3 000.  R100 000 per family Yes  80% of RUMed Tariff Combined limit of R4 400 per family plus an additional R18 000 for hearing aids paid at 90% of RUMed Tariff per ear per 4 year period. Yes  The first R1 400 per beneficiary paid at 100% thereafter at 80% to a max of R 3 600 per beneficiary with a maximum of R10 000 per family
at 100% of RUMed Tariff)  - Mammogram  - Prostrate specific antigen test  - Cholesterol blood test  - Blood sugar test  - HIV test  - Pap smear (includes consultation)  - Glaucoma test  Immunisations  - Annual limit  KIDNEY DIALYSIS  • Benefit  Annual limit  Pre-authorisation required  MEDICAL APPLIANCES  • Benefit  (Includes wheelchairs, hearing aids, nebulisers & glucometers)  Annual limit  Pre-authorisation required  MEDICATION  Subject to reference price list and exclusions  • Acute  Annual limit  • Chronic  - 26 CDL (Chronic Disease List) Conditions (in accordance with the PMB regulations)	Men aged 40-49 once every five years, 50-59 once every 3 years, 60-69 once every two years, over 70 once every year Men and women Men and women Men and women Men and women aged 15 years and older once every year Men and women aged 40-49 once every two years, older than 50 once every year R1 100 per beneficiary with a maximum of R3 000 per family. An additional R2 000 for child immunisation which does not accumulate to the family limit of R3 000.  R100 000 per family Yes  80% of RUMed Tariff Combined limit of R4 400 per family plus an additional R18 000 for hearing aids paid at 90% of RUMed Tariff per ear per 4 year period. Yes  The first R1 400 per beneficiary paid at 100% thereafter at 80% to a max of R 3 600 per beneficiary with a maximum of R10 000 per family  100% of RUMed Tariff, no limit

Acute Medication limit

100% of RUMed Tariff

Subject to a maximum of R140 per script with a limit of R1 400 per family per year, included in the Acute Medication limit

ONCOLOGY	
Benefit	100% of RUMed Tariff
Annual limit	R175 000 per family
Pre-authorisation required	Yes
OPTOMETRY	
Benefit is limited to either contact lenses once a year <b>OR</b> a pair of spec	tacles every two years for each beneficiary
Benefit	100% of RUMed Tariff
Eye Examination	One per beneficiary per year
Lenses Single Vision	Up to R500 per beneficiary
Bi-focal	Up to R1 200 per beneficiary
Multi-focal	Up to R2 000 per beneficiary
• Frames	Up to R750 per beneficiary
Should the frame benefit not be fully utilised, tints, hardening and	
non-reflective coatings can be claimed from this benefit	
Contact Lenses (annually)	Up to R1 565 per beneficiary
OXYGEN	
Benefit	80% of RUMed Tariff
Annual limit	R7 000 per family
PATHOLOGY	
In-hospital	100% of RUMed Tariff
Annual limit	No limit
Out-of-hospital	80% of RUMed Tariff
Annual limit	No limit
PHYSIOTHERAPY	
• In-hospital	100% of RUMed Tariff.
Annual limit	Combined limit with In-Hospital Auxiliary Services
Pre-authorisation required	Yes
Out-of-hospital	80% of RUMed Tariff
Annual limit	Included in Auxiliary Service limit
RADIOLOGY	
In-hospital	100% of RUMed Tariff
Annual limit	No limit
Out-of-hospital	80% of RUMed Tariff
Annual limit	No limit
CT, MRI, Radio-isotope Scans	100% of RUMed Tariff
Annual limit	No limit
Pre-authorisation required	Yes, failing which, a co-payment of R500 per scan or test will apply

Chronic Medication: The PROVIDENCE PBM (Pharmacy Benefit Management) team will authorise an amount for all approved chronic conditions. The approved amount (PCV - PROVIDENCE Chronic Value) is determined based on the treatment protocols for all levels of treatment for each  $condition. The PCV is the \, maximum \, rand \, amount \, that \, will \, be \, approved \, for \, the \, class/category \, of \, each \, drug \, that \, is \, authorised.$ 

RUMed Scheme Tariff: RUMed pays service providers up to the RUMed Scheme Tariff. As some service providers may charge above the RUMed

- · Ask your doctor or dentist to charge at the RUMed Scheme Tariff. If your doctor or dentist charges above the RUMed Scheme Tarrif, verify how much above the tariff they charge so you know what your portion of the cost will be.
- If you are referred to a specialist, verify beforehand whether the specialist charges in accordance to the RUMed Scheme Tariff.

If you require any information regarding the RUMed Scheme Tariff, please contact our Customer Care Team.

Complaints and Disputes: Members should inform the Scheme at rumed@providence.co.za or the scheme's administrator, info@providence.co.za in writing of any complaints or disputes who will forward the complaint to the Schemes Disputes Committee. Members may also report any dispute with the Scheme to the Council for Medical Schemes at: share call 086112326, email complaints@medicalschemes.com, www.medicalschemes.com or at their postal address: Block, Eco Glades 2 Office Park, 420 Witch-Hazel Street, Centurion, 0157.

#### **Prescribed Minimum Benefits (PMB's)**

#### What are PMB's?

PMB's are a set of defined benefits in the Medical Schemes Act (The Act) aimed at ensuring that all medical scheme members have access to certain minimum health services. They ensure cover for costs related to the diagnosis, treatment and care of:

- · Any medical condition which meets The Act's definition of an emergency
- A limited set of 270 medical conditions
- And 26 chronic conditions defined in the Chronic Disease List

#### Are there any limitations that can be applied to PMB's?

Although no limit can be applied to the management of PMB's, a medical scheme can manage the costs of PMB's with certain mechanisms:

- Schemes can ensure the provision of services for PMB's take place at specific providers known as Designated Service Providers (DSP's)
- Schemes can implement risk management tools such as formularies for medication or clinical protocols that include clinical entry criteria (diagnostic or laboratory tests confirming the

Members who have never belonged to a medical scheme or allowed a break in membership of more than 90 days are not eligible for unlimited cover of PMB's during either a 3-month general waiting period and/or a 12-month waiting period on preexisting conditions.

This includes emergency admissions during the 3-month general waiting period.

#### What are Designated Service Providers? (DSP's)

A scheme can appoint DSP's for the management of PMB conditions.

In terms of The Act the DSP must include public hospitals. The scheme must ensure that the DSP is able to provide the required service, if not, the scheme must make arrangements for an alternative provider.

If you elect not to make use of the scheme's elected DSP, you are still entitled to the service for the PMB condition, but funding will be subject to the normal scheme rules, which means that any applicable copayments will apply and the claims will be paid strictly at the schemeapproved RUMed Tariff, so you may be liable for a co-payment if a provider overcharges. That is why it is important to negotiate your providers' fees with them prior to any procedure.

#### How do I apply for cover for PMB's?

Identifying valid PMB conditions on diagnosis information alone is not always appropriate, therefore there is an application/ authorisation process that is required. This can either be done before a single event or recurring events (like chronic medication) or after an event such as an emergency. There is also an appeals process for members to query the funding of PMB claims. The appeals committee reviews the case and will contact the member with feedback.

Information on PMB's is also available on the Council for Medical Scheme's website (www.medicalschemes.com).

## **RATES - 2017**

INCOME CATEGORY	ADULT	CHILD	INCOME CATEGORY	ADULT	CHILD
Under R6 000	R1 750	R310	R10 001 to R15 000	R2 160	R370
R6 001 to R8 000	R1 860	R335	R15 001 to R20 000	R2 215	R380
R8 001 to R10 000	R2 000	R350	R20 001 to R25 000	R2 290	R390
			R25 001 plus	R2 315	R400

## **IMPORTANT CONTACT NUMBERS**

**Ambulance Services** 

**Customer Care** 041 395 4476

**Hospital Pre-authorisation** 0860 434 003 or 041 395 4481 **Providence Healthcare** 

084 124 (ER24) **Claims** 

rumed@providence.co.za

Tel: 041 395 4400 Fax: 041 395 4596 **HIV/AIDS** Website: www.providence.co.za 086 010 3228

PO Box 1672 Port Elizabeth

**Chronic Medication** 

041 395 4482

Fax: 041 395 4596 Email: rumedclaims@providence.co.za

(Benefit guide and rules are available from www.rumed.co.za)



A member of MMI Holdings

