

Structured Peer Group Supervision

Peer supervision has been used extensively during the development of practice in psychotherapy and counselling. Research has indicated that at least two-thirds of psychologists use some form of peer supervision.

This flyer is to alert you to an online video of Peer Group Supervision (PGS), which demonstrates a structured model for use by psychologists, counsellors and other health and care practitioners. The video can be viewed at:

<http://lutube.leeds.ac.uk/avsmas/videos/347>

The model is explained and demonstrated by a group (after a five-minute introduction related to the context of UK clinical psychology). Further details about the model and its basis in research evidence may be found in:

Akhurst, J. & Kelly, K. (2006). Peer group supervision as an adjunct to individual supervision: Optimising learning processes during psychologists' training. *Psychology Teaching Review*, 12 (1), 3-15.

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